

What shapes my actions?

Since my childhood I remember the saying : "Help yourself, then God will help you ." According to Wikipedia this statement is an idea from the ancient world, which warns against relying too much on gods, higher powers or other people.

Will God help the one who takes initiative into his own hands, or the one who asks for His will and lives by it? History teaches us that selfishness and egoism are the seeds of war, grief and sorrow.

Charity, non-violence and cooperation, however, lead to inner contentment and joy. Living according to these values needs purification of our mind and good food for body, mind and soul.

The Bible says:

"Inasmuch as ye have done it unto one of these my brethren, ye have done it unto me." (Mt : 25, 40)

This also applies to the non- doing.

The well-being of the "least brother " and the "lowest sister" should be the standard of action for everyone.

The Bible says:

"And if one member suffers, all suffer together, and if one member is honored, all the members rejoice with it. " (1 Kor . 12, 26)

The awareness of Christ living and acting inside of us, will give us the strength and joy of being a tool of selfless service to others. Thus man will realize that he is not separated from the other, but united with him in Christ. Thus joy and sorrow form a direct spiritual and physical connection to all living beings.

Selfless service is performed by good thoughts and good deeds.

Expressed love for all beings is the basis of pure and noble service.

Selfishness is aimed at the fulfillment of our own desires. Thus, in turn, more self-centered desires will arise. An endless spiral of wanting, causing us to move further away from our neighbor and from God.

The spiritual desire to be united with God on all levels will be expressed by the desire to die to the ego and the reduction of worldly wishes .

If the person is aware of himself being a part of the divine essence and of Christ living in him as divine power, associating him with the world and the universe, then the responsibility to care for himself and for others will arise in him. Then we will understand that all people, regardless of color of skin, culture and religion, are forming the unity in Christ.

So our service is considered to be the divine tool by which the words of Christ are fulfilled:

"Inasmuch as ye have done it unto one of these my brethren, ye have done it unto me." (Mt : 25, 40)

Selfless action derives from remembrance of God. As I am willing to serve God, I will think of my neighbor. I will think of love, I will think of the welfare of all people.

May Christ unite our blind hearts in his great loving heart. May He give us joy and confidence in common, selfless service to others, finding fulfillment and meaning in our lives, to be united with Him forever.

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