

About loving with all your heart and all your soul

Each of us knows the positive and uplifting feeling of inner satisfaction when we are doing something for others without selfish expectations, with the whole of our heart.

Our heart is the sum of all feelings and thoughts that, united with our soul, will accompany us on our journey through life .

Let us turn our hearts to speaking good words, thinking good thoughts and doing good deeds, so that we may live a happy and contented life. We will be strengthened and nourished by positive qualities such as love, compassion, mercy and forbearance.

As I will set my mind to the Divine here in this world, I will be connected to divine love.

Then, seeing will be a divine beholding,
hearing will be listening to God's Word,
speaking will be like prayer,
smell will turn into divine fragrance and
tasting will be pleasure in God's creation.

Thus a healing encounter with all beings in God's creation will be created and our senses will be a tool of praise and joy in the ever-present love of God.

“And Jesus answered him, You shall love the Lord your God with all your heart, with all your soul and with all your mind.

This is the first and greatest commandment . And the second is like it: You shall love your neighbor as yourself”.(Mt 22, 37-39).

These words of Jesus are leading us to a personal and vibrant experience with our eternal Creator and finally into unity with all of God's living creatures.

Joy, happiness and peace are the fruits of a loving heart, they will lead us into eternal peace of God.

Willibald