

## **Being connected to God**

The whole creation of God consists of an infinite number of connections on the physical, mental or spiritual level.

In daily life, we learn that many wishes can be fulfilled through numberless services. The human mind seeks for the inner wish which is expressed by his most powerful desire. The stronger the desire, the stronger the bond and identification with the object of desire. This combination creates new desires, which in turn will create new demands. The spiritual man knows about the nature of worldly desires and therefore reduces these bonds to serve God and to experience unity with God.

In the Bible we read: *"Ye can not serve God and mammon."* (Mt. 6, 24)

I serve God, so I set my mind to Him who dwells in all hearts. This allows us to serve God, our neighbor and ourselves. The spiritual connection to God is cleansing and healing for the mind. The God-focused person experiences joy and satisfaction in God's loving heart. By connecting to God, the self-awareness, which results from the assumption that the "I" is the body is reduced. The mind becomes pure and free, and may merge with love.

Just as love is unattached and free, so the believer will be free and unbound by focusing on God's infinite heart.

Jesus says:

*"Verily I say unto you, Whatsoever ye shall bind on earth shall be bound in heaven: and whatsoever ye shall loose on earth shall be loosed in heaven. Verily I say unto you that if two of you agree on earth agree about anything you ask for, it is for them of my Father in heaven. For where two or three come together in my name, there am I with them."* (Matth.18, 18-20)

May we create a a perpetual connection to God by constantly focussing our mind to the Heart of God, by which we will establish constant joy and satisfaction in our lives.

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