

## Filling our hearts with love

Who among us does not know the situation of having made a mistake?

We will even feel sad, troubled and helpless because of our misconduct and will try to undo the damage again. Sometimes, however, a restitution is impossible, and we will suffer a lifetime with this heavy load.

Deliberate violations against our neighbor are particularly severe breaches caused by selfishness, jealousy, anger and greed. These are piling up when the urge increases to have more and more wishes being fulfilled. Man is characterized by insatiable desire for material things.

The mental-spiritual man will recognize this behavior, reduce this worldly desires and replace them with Christian values such as charity, compassion, kindness and mercy. In this way, our hearts are filled with love and joy and no room will be left for selfish attachments.

## The Prayer of the Apostle for the community

*" For this cause I bow my knees unto the Father of our Lord Jesus Christ, of whom the whole family in heaven and earth is named, that he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man; that Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love, May be able to comprehend with all saints what is the breadth, and length, and depth, and height; and to know the love of Christ, which passeth knowledge, **that ye might be filled with all the fullness of God.** ( Ephesians 3:14-19)*

We will begin our day's work with love and end it with love. In this way, we will always be in the presence of Christ.

God's love purifies our hearts and creates the power of unity in God.

The confidence to find eternal peace in God's heart, gives us the strength and confidence to walk the path with Christ, to think good and do good. Jesus Christ is our Savior, He died for us so that we can live forever. He has taken all the blame so that we can spend our lives with joy and satisfaction in his presence and his light.

We are taking this opportunity to experience this love in ourselves and in everything!

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